ULSZ Rif

SCHWIMMHALLE

SS 2009

MONTAG

VON	BIS	1	2	3	4	5	6	T	S
		50m		25m					
6:15	7:00	Reinigung 6-12 Uhr							
7:00	7:45								
7:45	8:30								
8:30	9:15								
9:15	10:00								
10:00	10:45								
10:45	11:30								
11:30	12:15								
12:15	13:00	LSV	LSV	LSV	LSV	LSV *	IFFB-ÜB		
13:00	13:45	LSV	LSV	Bundesheer			Union		
13:45	14:30	LSV	LSV				Union		
14:30	15:15	LSV	LSV	USI Weis				LSV	TC HB
15:15	16:00	Steger							
16:00	16:45	USI							
16:45	17:30								
17:30	18:15	LSV	LSV	LSV	HALLEIN				
18:15	19:00	LSV	LSV	LSV					
19:00	19:45	LSV	LSV	LSV	H	SALUK	LSV		SALUK
19:45	20:30	PL Salzburg					LSV		
20:30	21:15	LV TRI					LSV		
21:15	22:00								

DIENSTAG

VON	BIS	1	2	3	4	5	6	T	S
		50m		25m					
6:15	7:00	LSV					LSV		
7:00	7:45	LSV	LSV	LV TRI		LSV	LSV		
7:45	8:30	LSV	LSV			Pädag. Hochschule		LSV	PH
8:30	9:15	LSV	LSV	LPSV					
9:15	10:00	LSV	LSV	LPK	LSV				
10:00	10:45	LSV	LSO	SSM STTV	LSO				
10:45	11:30	BRG Akademiestr. 11.00-12.30							
11:30	12:15								
12:15	13:00	Hof-mann							
13:00	13:45	IFFB Ring 13.00-14.30							
13:45	14:30								
14:30	15:15	LSV	LSV	LSV	SSG	VS Burgfried od. Rif			
15:15	16:00	LSV	LSV	LSV					
16:00	16:45	LSV	LSV	LSV	LSV	LSV	TC Barr.	LSV	LSV
16:45	17:30	LSV	LSV	LSV	LSV	LSV	LSV	LSV	LSV
17:30	18:15	HWV ab 18h	HWV ab 18h	HWV ab 18h	HWV ab 18h	HWV ab 18h	HWV ab 18h	TCD	
18:15	19:00	HWV	HWV	HWV	HWV	HWV	LSO		
19:00	19:45	SAC				HALLEIN/TCD			
19:45	20:30								
20:30	21:15	SAC		Flamingo 20.30-21.30					
21:15	22:00					FW Hallein			

MITTWOCH

VON	BIS	1	2	3	4	5	6	T	S
		50m		25m					
6:15	7:00	LSV	LV Tri 6.30-8.00	LSV			LSV		
7:00	7:45	LSV		IFFB-ÜB	LV Tri	LSV	LSV		
7:45	8:30	LSV				LSV	LSV		
8:30	9:15	LSV	LSV	Ursulinen 8.30-10.00					
9:15	10:00	LSV	LSV	AIS					
10:00	10:45	LPK		BRG Akademiestr. 10-11.30					
10:45	11:30								
11:30	12:15	LSV	LSV *	BORG&SPORT RG 11.30-13.00					
12:15	13:00	LSV							
13:00	13:45	LPK		IFFB Weis 13.00-14.30					
13:45	14:30								
14:30	15:15	LSV	LSV	SSG	LSV	LSV	LSV	LSV	LSV
15:15	16:00	LSV	LSV		LSV	LSV	LSV	LSV	LSV
16:00	16:45	LSV	LSV	LSV	LSV	H	H	HWV	LSV
16:45	17:30	LSV	LSV	LSV	LSV	H	H	HWV	LSV
17:30	18:15	LSV	LSV	LSV	TCA, THW, ÖWSW TC HB		LSO	TCA, THW, ÖWSW, USI	
18:15	19:00	USI/PL Salzburg							
19:00	19:45	** Rif 19-19.45							
19:45	20:30	HALLEIN TCD (1), LV Tri, ÖWSW, TSVS, TC HB							
20:30	21:15								
21:15	22:00								

DONNERSTAG

VON	BIS	1	2	3	4	5	6	T	S
		50m		25m					
6:15	7:00	LSV					LSV		
7:00	7:45	LSV	LSV	LV TRI	Zenit	LSV	LSV		
7:45	8:30	LSV	LSV	LV TRI	Pädag. Hochschule			LSV	PH
8:30	9:15	LSV	LSV	LSV					
9:15	10:00	LSV	LSV	LSV					
10:00	10:45	HWL Hallein			VS Rif 10.15-11.15				
10:45	11:30								
11:30	12:15	LPSV 11.30-12.30		IFFB König 11.30-13.00					
12:15	13:00								
13:00	13:45	Hofmann 12.30-14.30		IFFB Weis 13.00-14.30				LSV *	
13:45	14:30								
14:30	15:15	LSV	LSV	LSV	SSG	LSV	LSV	LSV	LSV
15:15	16:00	LSV	LSV	LSV		LSV	LSV	LSV	LSV
16:00	16:45	LSV	LSV	LSV	LSV	LSV	BSV		
16:45	17:30	LSV	LSV	LSV	LSV	LSV			
17:30	18:15	LSV	LSV	LSV	LSV	LSV			
18:15	19:00	BSV 18.15-20.00				LSV	LSV	BSV	TC Barracuda
19:00	19:45					LSV	LSV		
19:45	20:30	Steger	20-22.00		SALUK			LSV	SALUK
20:30	21:15	USI	LV TRI		SAC			LSV	
21:15	22:00							LSV	

FREITAG

VON	BIS	1	2	3	4	5	6	T	S
		50m		25m					
6:15	7:00	LSV	LSV	LSV	Zenit	Skidata	LSV	LSV	LSV
7:00	7:45	LSV	LSV	LSV			LSV	LSV	LSV
7:45	8:30	LSV	LSV	LV TRI		LSV	LSV	LSV	LSV
8:30	9:15	LSV	LSV			LSV	LSV	LSV	LSV
9:15	10:00	LSV	LSV	LSO		LSV	LSV	LSV	LSV
10:00	10:45	LPK		Skiklub Sbg. Tri	LSV *	IFFB-Üb.	LSV	LSV	LSV
10:45	11:30						LSV	LSV	LSV
11:30	12:15	Zenit		Bundesheer					
12:15	13:00	LSV *	TC Barracuda	SSM-U 13-14.30					
13:00	13:45	LSV *							
13:45	14:30	H	H	LSV	LSV	LSV	SSG	HWV	
14:30	15:15	H	H	LSV	LSV	LSV	SSG	HWV	LSV
15:15	16:00	LSV	LSV	LSV	LSV	LSV	LSV		
16:00	16:45	LSV	LSV	LSV	LSV	LSV	LSV	LSV	TC HB
16:45	17:30	HWV ab 18h	HWV ab 18h	HWV ab 18h	HWV ab 18h	HWV ab 18h	HWV ab 18h		
17:30	18:15	HWV	HWV	HWV	HWV	HWV	HWV	TCD, TCA, ÖWSW	
18:15	19:00	USI							
19:00	19:45	LV TRI							
19:45	20:30	PL Salzburg						SAC	
20:30	21:15	LV TRI							
21:15	22:00								

SAMSTAG

VON	BIS	1	2	3	4	5	6	T	S
		50m		25m					
6:15	7:00								
7:00	7:45	LSV	LSV						
7:45	8:30	LSV	LSV	LSV	LSV	Tri Team Hallein TSVS			
8:30	9:15	LSV	LSV	LSV	LSV				THW,TCA,USI
9:15	10:00	LSV	LSV	LSV	LSV				
10:00	10:45	LSV	LSV	LSV	LSV				
10:45	11:30	LSV	LSV	LSV	LSV	SAC			
11:30	12:15	LSV	LSV	LSV	LSV				
12:15	13:00	LSV	LSV	LSV	LSV	Tri Team	Kinderkurs	LSV *	LSV *
13:00	13:45	LSV	LSV	LSV	LSV				
13:45	14:30	LSV	LSV	LSV	LSV	Tri Team Hallein		HALLEIN (14-tägig)* nach Anmeldung	Synchronschw.
14:30	15:15	LSV	LSV	LSV	LSV	Tri Team Hallein	Hallein Tri		
15:15	16:00	LSV	LSV	LSV	LSV				
16:00	16:45	LSV	LSV	LSV	LSV	Syn.	Syn.		
16:45	17:30	LSV	LSV	LSV	LSV	Syn.	Syn.		
17:30	18:15	LV TRI			TC Barracuda		Syn.		TC Barracuda
18:15	19:00								
19:00	19:45								
19:45	20:30								
20:30	21:15								
21:15	22:00								

IFFB ÜB = Übungs-

* Wasserball durchgehend

18.00-19.45 USI Tauchkurs

** 18.15-19.00 SU + LSO

* Zivilinvalidenverband Hallein

17.05.2009